



## Banana and Coconut Toast Topper

### Ingredients

- 2 tablespoons reduced-fat ricotta cheese
- 1-2 drops vanilla extract
- 2 slices wholegrain toast
- 1 banana, sliced
- 1 tablespoon lightly toasted coconut flakes

### Method

- Mix ricotta with vanilla extract.
- Spread onto toast.
- Top with banana and coconut flakes and serve

<https://www.healthyfood.com/healthy-recipes/banana-and-coconut-toast-topper/>  
accessed 11 June 2021