



## Strawberry Frozen Yoghurt -



### Ingredients:

- 750g fresh or frozen strawberries, halved
- 4 x 200g tubs reduced fat strawberry yoghurt

### Method:

1. Combine strawberries and yoghurt in a food processor. Process until smooth.
2. Pour into a shallow metal dish. Cover with plastic wrap. Freeze for 3 hours or until almost set.
3. Using a large metal spoon, break up strawberry mixture and remove to food processor. Process until smooth.
4. Return mixture to metal dish. Cover with plastic wrap. Freeze for 3 to 4 hours or until set. Serve.

### Alternative:

- Use soy milk yoghurt to make a dairy free alternative