

## Ginger Ninja Biscuits



### Ingredients

- 1 cup dried Dates
- 1 Cup Warm Water
- 1 Cup Wholewheat Flour plain
- 1 Tablespoon Honey optional
- 1 Tablespoon Ginger
- 1/2 teaspoon baking soda
- 80 g Butter or coconut oil

### Method

- Preheat Oven to 200.C
- In a Food Processor: Process Dates and warm water until roughly chopped. Add Remaining ingredients. Process until sooth.
- Spoon 1 tablespoon amounts of mixture onto baking tray.
- Bake for 12 -15 minutes until golden.
- Allow to cool slightly on tray and then move to baking rack to cool completely.

<https://www.cleaneatingwithkids.com/clean-eating-ginger-ninja-biscuits-sweetened-diy-date-puree/> accessed 18 March 2021