

TEAM GAMES



Tied in Knots -

What you need:

Any size group of children, however small to medium size groups work best. Once you get over 9 in a group, split them into two groups.

How to play:

- Have everyone stand in a circle.
- Reach out with their left hand, and grasp someone's hand.
- Reach out with the right hand, and grasp another person's hand. Each player must be holding hands with two different people.
- Challenge them to undo themselves into a circle.

The groups must always have an even number so the educator may have to get involved too.