

BREAKFAST RECIPES



Apple Turnover



Ingredients:

- 1 cup Sliced Apples
- 2 tablespoons Sultanas (optional)
- 1 tablespoon Brown Sugar
- Pinch ground Cinnamon
- 4 slices Wholemeal Fruit Bread
- Reduced Fat Margarine

Method:

1. Combine apple with sultanas, brown sugar and cinnamon in a bowl. Preheat an electric toasted jaffle maker.
2. Spread Margarine on one side of the bread. Lay the bread margarine side down on the jaffle maker. Top with apple filling and cover with another slice of bread, margarine side up.
3. Close jaffle maker, but don't clip shut. Cook for 2-3 mins until golden and crisp

Recipe: <http://www.woolworths.com.au/wps/wcm/connect/website/woolworths/freshfoodideas/recipes/recipes-content/apple-turnovers>
Picture: <http://www.gofor2and5.com.au/KidsOnly/KidsintheKitchen/AppleJaffle/tabid/209/Default.aspx>

 Egg free  Vegetarian  Dairy Free  Gluten Free