

Japanese rice balls

Ingredients

- 1/2 cup white jasmine rice
- 1/2 cup brown rice
- 1 tbs vegetable stock powder

Suggested Fillings

- chicken (shredded)
- tinned tuna
- frozen peas
- carrot (finely chopped)
- red capsicum (finely chopped)
- cucumber (finely chopped)
- cheese (chopped)
- chives (chopped)



Method

- Combine white and brown rice with stock powder, and cook according to instructions on the packet of brown rice.
- Mix the cooked rice with 2-3 of the suggested fillings of your choice.
- Roll into small bite-sized balls and serve.

<https://www.kidspot.com.au/kitchen/recipes/japanese-rice-balls-recipe/bvp4mfs4?r=collection/healthylunchboxrecipes&c=7gg75ey4/Healthy%20lunch%20box%20recipes>

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